



## NC Wing Ranger Training Course Fall Student Packing List



Students must have required safety equipment: Orange reflective safety vest, leather gloves and eye protection. For Winter Conditions you must also have winter coat, insulated gloves, knit cap, insulated long underwear, and broken in boots.

It is your responsibility to check the weather prior to the weekend and pack accordingly. The zip code is 27030 for Base Camp to check the weather. You will be camping, hiking and participating in classes all outside.

Each member is responsible for their own testing sheets (Ranger Grade and SQRT Worksheets) you will need to print the SQRT Worksheets you are working on, kept them with you at all times, have your instructor sign the task you complete with them.

**101 and SQRT sheets** can be found on the [Civil Air Patrol eServices Sign In \(capnhq.gov\)](https://capnhq.gov), go to MENU, OPERATIONS, OPERATIONS QUALIFICATIONS, **OPS QUALS** (red letters), 101 CARD and SQTR Entry, enter CAPID, choose ACHIEVEMENT (GTM3, GTM2, GTM1, etc.)

**Ranger Testing Sheet** [Forms & Pubs | HMRS \(capranger.org\)](https://capranger.org), on the right side choose the RANGER TESTING SHEET that you are trying to complete.

**THERE ARE NO ENCLOSED BUILDINGS TO HOUSE STUDENTS. ALL STUDENTS WILL BE SPENDING THE DURATION OF THE SCHOOL OUTDOORS, REGARDLESS OF WEATHER CONDITIONS.** Also, there is limited running water so you will need to bring filled canteens.

**Clothing:** The base layer against the skin should be a wicking material like polypropylene that keeps the skin dry. Clothing made from cotton is not a good choice for winter operations, it accumulates moisture then gets cold. **It is more important to be warm than to be in proper uniform. Safety first!**

**\*\*PUT YOUR LAST NAME ON ALL ITEMS**, consolidate items into the minimal amount to carry (24hr gear and field pack). You will have to carry your gear to the campsite upon arrival.

**Pre-Ranger (GTM 3 Trainees and below) Students:** All listed items below are required except for the items listed with/under optional.

**Ranger 3 (GTM 3) and above:** All listed items below are required to include the items listed under optional.

## Uniform Items–

### Worn:

- 1 complete set ABU or Blue CFU Uniform, must meet CAPM 39-1 standards with correct grade insignia as well as NC Wing Ranger Training Course Uniform policy.
- Appropriate layering for the climate conditions, to include a waterproof jacket (similar to gortex)
- 1 pair uniform boots
- VALID CAP MEMBERSHIP CARD, 101 card, CAPF 161, & Photo ID Card (driver's license, etc., if available), In zip lock bags or similar waterproof device.
- Masks (solid color: white, surgical blue, or black preferred) (3 cloth or 3 disposable recommended) NO LOGOS. Will follow camp guidelines on when to wear.**
- Money (You may have opportunities to buy supplies or souvenirs)
- Watch (No smart watches like Fitbit – you will not be able to charge it or keep it dry)
- Folding knife or multi-tool, <3" (preferably with a locking blade)
- Boot bands (optional but recommended)
- Glasses? Have a strap for them. Don't bring contacts.
- Medications - In pharmacy container with name, dosage and physician (inhalers, bee sting kits, etc.). Pain relievers and over the counter medications must be in their original containers

### In Field Equipment/ Pack - waterproof packed, in zip lock bags or similar, and with your name on *everything*

- Extra pair CFU or ABU trousers
- 3 pair underwear (or more)
- 3 or more T-shirts. Desert Tan for ABU and CFU **DO NOT** bring black, red, or orange T-shirts!
- 1 Uniform appropriate Belt in accordance with 39-1
- 4 pairs of socks or more, preferably not cotton, recommend wool blend
- Wool, polypropylene or fleece sweater, sweatshirt, or jacket - Military preferable
- Long underwear, top and bottom
- Sleeping attire
- Extra blousing bands (optional) and boot laces
- Running shoes (for authorized use only)

## 24 Hr Pack/Gear - waterproof packed, in zip lock bags or similar

Rugged day pack and/or military web gear (Different from your field pack!) A durable bag similar to a backpack will work.

- FIRST AID KIT, stored in zip-lock bag or waterproof container:
  - 2 Antiseptic cleansing pads
  - Antiseptic ointment
  - 6 Band-Aids, various sizes
  - Moleskin, 2" X 4"
  - Roller bandage
  - 2 Safety pins, large
  - 4 gauze pads
  - 1 Triangular Bandage
  - Tape, first aid
  - Rubber surgical gloves (two pair minimum)
  - Hand sanitizer
  - Any personal medication (your team leader should know what you have and where you carry it)
- 2 water containers capable of carrying minimum 2 quarts/liters of water (2 canteens or 1 canteen and pack)
- Poncho (You will want something fairly resistant to multiple uses. An emergency or thin poncho will tear easily, so bring one that is more durable.)
- Work gloves (not climbing gloves, preferably leather palmed)
- Flashlight, hands free (headlamp), with red light capability and spare batteries
- Flashlight, spare (pen light or regular LED light will do) and spare batteries (interchangeable with other battery needing items preferred)
- Insect repellent (DEET or Picaridin are equally effective. Another Picaridin option.), travel size
- Sunscreen, travel size
- Handkerchief
- Canteen Cup or Sierra Cup (optional, but recommended)
- Toilet paper, small role, in waterproof container/zip lock bag
- Lip balm, with sunscreen
- Pencils, pens, and a small notebook in zip lock bag
- Flagging tape, 1 role, bright color
- Change of socks (can be one of the ones counted in the field pack)
- Vest, reflective, orange
- Signal mirror (compact mirror, small CD will also work)
- Whistle
- Eye protection, clear (minimum), tinted (optional, must be 39-1 compliant)
- Compass, lensatic or orienteering, with lanyard. (cheap "Walmart" brands only get you lost)
- Food (see below)
- Survival Kit, stored in zip lock bag or other waterproof container:
  - Duct tape, 5-10 feet (does not need to be a whole role. May be wrapped around a stick.
  - Leaf bag, large
  - 12 wooden, waterproofed matches (small lighter also recommended in addition to)
  - Match container, waterproof, with striking surface
  - 1 Chemical Light Stick, Green
  - 50' of nylon line (paracord or similar line).

**Field Equipment/ Pack** - waterproof packed, in zip lock bags or similar

Field Pack with an internal or external frame. - thoroughly inspected; adjusted for full load (Waist straps are a must!)

- Sleeping bag - in waterproof, durable bag, rated for cold weather 20 degrees
- Tent with all poles, stakes, and lines (2-person capacity recommended) \*Ground Cloth and tent fly recommended.

*Due to safety and health considerations, cadet students must each have their own tent. Packing a tent is mandatory. Recommended size for tents is 2-person max, due to perimeter constraints. During the school, tents are used for sleeping only. All equipment is kept in a squadron equipment tent.*

- Extra military poncho or large tarp (8x10 recommended size)
- Closed cell or thin inflatable sleeping pad
- 2 leaf bags
- Small sewing kit

**Personal Hygiene items** - waterproof packed, in zip lock bags or similar (shower bag recommended)

- Washcloth
- Toothbrush and toothpaste
- Shaving supplies or feminine hygiene items
- Personal hygiene supplies including, deodorant, brush, foot powder, etc.
- Travel pack of moist towelettes or baby wipes
- Travel tube of bodywash, 2-3 oz is preferred (optional)

**Food** – Will be provided by the school; **however, you need to bring snacks for yourself.**

Snacks (minimum 2 per day) Examples include: Granola bars, beef jerky, nuts, dried fruit, hard candies, trail mix, cereals, or crackers. Pack these in small waterproof containers. Juice or Gatorade mix/Water enhancers are also permitted. No glass containers.

**Optional**

- Webbing, nylon 1" wide, tubular, 20' long, Ranger 1 and above
- Protractor - for map work (i.e., Maptools.com)
- Map Case (Large Zip-Loc bags can be used if necessary)
- Pencil, with eraser (plus sharpener if not a mechanical pencil)
- Alcohol Pens or dry erase markers, fine tip, at least 2 colors (neither the color of your colored flashlight lens) (optional, but recommended)
- Some way to erase alcohol pens marks on the map case, such as alcohol swabs or a special alcohol pen eraser (optional, but recommended)
- A straightedge ruler, at least 6" long (Some protractors may have a ruler as well).
- Rainwear, durable (optional, but recommended)
- Ground Team and UDF Task Guide (optional for all but recommended)
- Ground Team Leader Handbook (required for GTLs Only)





