



HEADQUARTERS NORTH CAROLINA WING  
 CIVIL AIR PATROL  
 UNITED STATES AIR FORCE AUXILIARY  
 3520 Alamance Road  
 Burlington NC 27215



## NC Wing Education and Training Newsletter May 2022



Did you know that April was Stress Awareness Month? I didn't until close to the end of the month. Since 1992 health care officials try to increase public awareness about the causes and cures for stress during April. We all have stress and how we respond to it is the key. Here is an example of how three objects placed in a pot of boiling water respond. If you place a carrot in a pot of boiling water, it becomes soft and pliable after some time. A raw egg placed in the same pot of boiling water becomes firm. But if you

put a tea bag into a pot of boiling water, the tea changes the water. Same boiling water, same pot, same circumstances however different results. The carrot entered the water hard and resistant but, in the water, it softened. The egg went into the water soft, fragile, and vulnerable however it came out stronger and more stable. The tea went into the water dry and of little value. But in the pot, it transformed the water into something good and useful. I use this illustration that I found on the internet to compare it to what we experience. The same event and circumstances have a different impact on different people. The difference is not what's inside the pot, but what's inside the person experiencing the "hot water." How are you responding to stress? As a reminder, we have a resource in CAP to assist with difficult times. Our members in the Wing Chaplain Corps are available to all members.



This is a great formula we used in our family when faced with stressful events. The outcome will depend on our careful and thoughtful response (not reaction) to the situation.

$$E + R = O \quad \text{the Event plus our Response to it equals the Outcome}$$

*Lt Col Kathy Nicholas, NC Wing Director of Education and Training*

### Education and Training Awards

**Congratulations to the following members on completing Education and Training Program Levels and earning awards in April**

**Level I Member** – NC-019 SM Derek Broadhead, SM Phillip Heath



- NC-022 SM Jennifer Hooper
- NC-023 SM Angela Kreuser, SM Johan Sanchez
- NC-024 SM Andrew Rosner
- NC-031 SM Michael Weatherspoon, SM Jeremy White
- NC-070 SM Bobby Slaughter
- NC-079 SM Billy Beaman
- NC-301 SM Victor Lewis III, SM Saurabh Soni

**Level II Davis** – NC-024 1st Lt Mark Lariviere

NC-160 Capt Justin Sweat

No Davis Award Ribbon - Leadership Ribbon for Tech rating 

**Level III Loening** – NC-048 Capt Wendy Peters



**Yeager Award** – NC-022 SM Andre Richards



- NC-162 Lt Col Michael Garrison
- NC-170 SM Kenneth Worley

NC-171 SMSgt Paul Van Wagner  
NC-307 SM Douglas Marroquin Diaz

### **Congratulations to members who earned Specialty Track Ratings in April**

Administration Senior Rating – Lt Col Michael Smith, NC-107  
Communications Technician Rating – Lt Col Robert Mason, NC-005  
Emergency Services Senior Rating – 1st Lt Wendy Peters, NC-048  
Operations Technician Rating – 1st Lt Arthur Geffen, NC-031  
Professional Development Technician Rating – 1st Lt Arthur Geffen, NC-031  
Professional Development Technician Rating – 2d Lt Jennifer Enloe, NC-031  
Recruiting and Retention Technician Rating – 2d Lt Haleigh Wooters, NC-070  
Safety Senior Rating – Capt Robert Kimrey, NC-121  
Standards and Evaluations Technician Rating – Lt Col Michael Smith, NC-107

### **Congratulations on Completing Commander's Courses in April**

Group Commanders Course – Capt Jason Witte, NC 301  
2d Lt Stephen Beal, NC-057  
Squadron Commander's Course – Capt Sandra Smith, NC -052  
Capt Jason Witte, NC-301  
1st Lt Robert Allen, NC-162

## **Education and Training Program**

### **Building Our Wing Bench-Strength**

*By Col Edward P. Angelovich, North Carolina Wing Commander*

The COVID-19 pandemic has thrown a wrench into just about every plan, process and supply chain in the world from personal to corporate to schools to churches to the military and more. Yes, some of those wrenches even landed in Civil Air Patrol. We can all think of an example of how our traditional CAP plans and processes needed to be 're-engineered' because of the pandemic limitations placed on everyone in order to ensure a safe environment.

One of those COVID wrenches that landed in our wing ultimately affected our 'bench-strength' of institutional knowledge, depth of experience and versatile skill sets of our amazing members. Besides normal attrition, some of our bench-strength (experienced cadets, senior members) left CAP for one reason or another during the pandemic. If not regenerated, that loss of bench-strength and depth of experience eventually impacts our ability to maintain the high performance our Wing has been used to exhibiting. Thankfully, we are blessed with an amazing number of members in our wing who are very talented players and who are ready to jump in the game and accomplish the position they are asked to take. They value the education and training available from CAP and they understand that they will re-build the 'bench-depth'.

Like in sports, it's important to continue to train and develop ongoing bench-strength in order to keep your team fresh, resilient, competitive and well, at the top of their game and performance. By implementing your personal CAP Education & Training strategy, you will be able to proactively improve your skill, your knowledge and your performance in whatever duty position and specialty you have whether it is in the squadron, as an aircrew member, ground team or incident command staff role. Also, you will be ensuring that the NCWG TEAM performance excels and your contribution continues to strengthen the Wing and its capability as we execute our CAP missions.



## Requesting to Join a Cohort



A question that is asked regularly about signing up for a cohort is “Why is it when I check back to see the status after signing up, I do not see the pending request anymore”? It’s a little disconcerting not knowing if you are being assigned to an upcoming cohort or if the pending status just disappeared from the screen. The Chair or Assistant Chair of the Level you signed up for reviews the requests and starts assigning members in cohorts during the month. When they assign a member to an upcoming cohort the pending request no longer shows on the screen. For example, there are currently 18 members enrolled in a Level III cohort (moderated modules) that begin in May when this article was finished on 26 April. All those members would not see the pending request on their screen anymore because the Level Chair has them assigned.

If you have any questions about cohorts, please contact your Education and Training Officer. They can reach out to the E&T Wing Staff if verification is needed about a cohort enrollment. If you want to sign up for a cohort please click [How to Sign Up for a Cohort](#) for complete instructions. A member needs to sign up for a cohort by the last Wednesday of the month to be enrolled in a cohort that begins the following month.

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## Moderated and Automated Modules in AXIS

Education and Training Modules are listed in AXIS. The Professional Level a member is working in has automated and moderated modules with the exception of Level I (all automated) and Level V (all moderated). All automated modules for the next Level appear in AXIS as soon as the member completes a Level. For example, as soon as Level I has been completed all automated modules for Level II will appear in AXIS. Moderated modules (those that contain content that requires an instructor to grade) will not appear until a member has been enrolled in a cohort.

[Go To AXIS](#) 

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## Reading Professional Levels Screens – Part 3

We are continuing a series on how to read the Professional Levels screens. This series will help by providing information on what you are viewing. For instructions on how to access Professional Levels see Part 1 in the [March Newsletter](#). To review how to submit a completed Level for Approval see Part 2 in the [April Newsletter](#).

This month we’ll continue with two other items. Identifying what the letter “I” in the gold circle means and uploading documentation for required items. Documentation of attending two conferences is required for Level III. Another documentation requirement for Level III is mentoring a member through Level I.

\*Note - If the screenshot below is too small to read, increase the size of the document from 100% to read it better.

Example for Level III: Documentation for Mentoring a Member Through Level I

Step 1 – Access Professional Levels. In eServices click on Menu → Professional Development → Professional Levels

Step 2 – Under Accomplishments click on Professional Levels

Step 3 – Under Select Level click on Level 3. If you are not working in Level 3 yet (only working in Level II) save the document to your computer to upload to Level 3 Professional Levels when you have access.

Step 4 – Scroll down to Mentor a Member Through Level 1. The box next to the Gold Circle\* MUST be checked. Enter the completion date in “Date Completed” and in the Comments box enter information to help the validator.

\*The Gold Circle with the letter “I” indicates documentation must be uploaded

Step 5 – Upload the document from your computer

Step 6 – Click on the Submit button at the bottom of the page

Mentor a Member Through Level 1				Completed / Required Tasks - [ 0 / 1 ]
Task Name	Status	Date Completed	Upload Document	Comments
Mentor a Member Through Level 1		04/04/2022	Mentor Member Through L Browse	Mentored SM John Smith CAPID 699999 through Level I max. 51/2022

## How Do I...

The “How Do I” section contains items and tips that will help members navigate eServices, find information and provide “I didn’t know that” items.

### How Do I Find CAP’s Brand Guide and Why Do I Need It?



In the April newsletter, we had an article about CAP’s Standard Graphics Templates and Brand Guide. We are revisiting the Brand Guide once again to identify what else it contains. It is important that we use Civil Air Patrol’s logos and other branding properly. You can find the CAP Symbol (propeller in the triangle), Logo, Command Emblem, Corporate Seal, a Subordinate Logo Emblem Tool, the exact colors and typography, and more here.

Did you know that when spoken, Civil Air Patrol will be referred to by its full name or by its initials C-A-P, which are verbalized as letters “C”, “A”, “P” and not spoken as a single word “cap.” Click [Grade \(Rank\) Abbreviations](#) to view the page that is dedicated to identifying how to show grade abbreviations. Here you can see that 1st does not use superscript (1<sup>st</sup>) and a second lieutenant is “2d” not 2nd.

### How Do I Find CAP’s Uniform Regulation and the NCWG Uniform Supplement?

Commanders and Wing Staff recently received a reminder from Maj Jordan Crawford, NCWG Director of Personnel about assisting our members with the proper wearing of uniforms. [CAPR 39-1 Civil Air Patrol Uniform Regulation](#) and [NCWG Supplement 1 for CAPR 39-1](#) provide all the details that are needed for each style of uniform, insignia, headgear, etc.

For those who have been a member of the NC Wing before the new Wing shield became authorized to wear on uniforms, please note that the previous Wing patch (the Wright Memorial one) is discontinued for use on 1 June 2022. If you have this on your uniform now, please replace it. Click [Vanguard - NCWG Patch](#) to go to the website to order.



## Other Learning and Training Opportunities

This section lists other training resources inside and outside of Civil Air Patrol that will increase your knowledge and enhance your skills.

### 2022 National Conference 25-27 August – Registration is Open!

You are invited to join your fellow CAP members from across the country (in-person) at this year’s CAP National Conference in Louisville, KY. Both Friday and Saturday have keynote speakers and 48 learning sessions scheduled. Come early for three pre-conference sessions - G1000 Ground School, Volunteer University Instructor Course, and Symposium for Heath Service Officers.



Saturday night will be an “Evening at the Museum” featuring a VIP Kentucky Derby Museum experience. It will be a great time to Connect, Learn, and Celebrate! Click [2022 National Conference](#) to go to the registration and information webpage on the national website. I hope to see you there!

## 2022 National Emergency Services Academy (NESA) – 19 June to July 2



The [National Emergency Services Academy](#) is being held at Camp Atterbury, Indiana 19 June to 2 July. CAP sent out an email on 14 March that applications are still being accepted for all CAP senior members and cadets that will be at least 13 years of age by 26 June. Courses are being held during two-session weeks from 19 June through 2 July 2022. There are courses for all members interested in emergency services. This is a great opportunity for both new and old members to come train with hundreds of other personnel from across the country that have already signed up to attend.

Slots fill up fast and will be filled on a first come first served basis. We encourage you to apply soon to get into the course or courses you desire, preferably by 1 May as historically most slots are filled by then, and some courses close sooner because of the lead time to order necessary supplies and equipment to support students. Registration is hosted in [e-services](#), and you will need to log in to apply online. Applications are not complete and cannot be submitted until release forms available [online](#) are properly signed and witnessed (if necessary) and uploaded.

First time attending? Contact your Emergency Services Officer to find out about all the great training for ground and aircrews offered during the two weeks. Click [Participant Info and Costs](#) for further details.

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### Upcoming Level IV Moderated Modules – Teams Environment

I have been working with a great group of Wing Directors of Education and Training. We have put together a schedule for Level IV moderated modules that we will be offering. There are 14 moderated modules. Class dates are the third Tuesday of each month beginning on 21 June and ending on 20 December. Two modules each class night will spread out the time over seven months. The class size is limited to 20.

# LEVEL 4

There will be individual sign-ups for each module. This provides the opportunity to take modules in a variety of ways. Whatever your schedule permits - cohort, Virtual In-Residence, and through this venue. The requirement to enroll in Level IV modules is that you have completed Level III. Further information and registration links will be forthcoming.

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### Points of Distribution - NC Wing Group Level Training – May, June, and August



Points of Distribution (PODs) are centralized locations where the public picks up life-sustaining commodities following a disaster or emergency. This is one of the areas that NC Wing members work alongside NC Emergency Management in assisting the state in times of need.

On 26 April Lt Col Pete Bohler, NC Wing Disaster Relief Officer sent out an email announcing Points of Distribution Training. Each group in the Wing is conducting this training on different dates. Please work with your squadron's ETO about signing up for this important training. Both senior members and cadets are invited to sign up for this training. Members need to be General Emergency Services (GES) qualified (CAPT 116 in AXIS) and be in proper uniform to participate. You will receive instructions on what to bring on the day of training. To be fully certified for POD on your 101 Card you also need to complete FEMA IS 100, IS 700, and IS 26. Hurricane season will be upon us before we know it!

#### Group 1

Saturday, 0800 hrs., 6 August 2022, HOST - NC-124 Hickory Comp Squadron  
Location: Hickory Regional Airport, 3101 9th Ave Drive NW, Hickory, NC 28601  
POC: LtCol McKay, 828-324-0584

#### Group 2

Saturday, 0800 hrs., 18 June 2022, HOST - NC-143 Franklin County Comp Squadron  
Location: North Executive Airport, 440 Airport Road, NC 27549-6806  
POC: Capt. Andrew Williams, [awilliams@ncwgcap.org](mailto:awilliams@ncwgcap.org)

Group 3

Saturday, 0800 hrs., 11 June 2022, HOST - NC-003 Greenville

Location: Pitt-Greenville Airport, National Guard Building, 1401 N. Memorial Dr, Greenville, NC 27834

POC: Capt Rimmer, [Robert.Rimmer@ncwgcap.org](mailto:Robert.Rimmer@ncwgcap.org)

Group 4

Saturday, 0800 hrs., 4 June 2022, HOST- NC-052 Sugar Valley Comp. Squadron

Location: Sugar Valley Airport, 249 Gilbert Rd, Mocksville, NC 27028-7660

POC: Major Rufus Brock, [rufus.brock@ncwgcap.org](mailto:rufus.brock@ncwgcap.org)

Group 5

Saturday, 0800 hrs., 21 May 2022, HOST - NC-032 Moore County Comp. Squadron

Location: Moore County Airport, Moore County Airport- 7825 Aviation Drive, Carthage, NC 28327

POC: Capt. Nicki O'Conner, [Jennifer.oconner@ncwgcap.org](mailto:Jennifer.oconner@ncwgcap.org)

Group 6

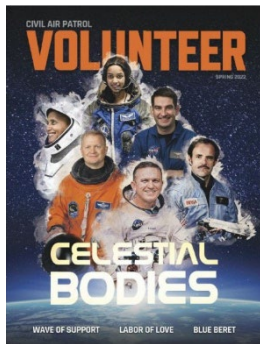
Saturday, 0800 hrs., 25 June 2022, HOST - NC-162, Iredell County Squadron

Location: N.C. Cooperative Extension - Iredell County Center, 444 Bristol Drive, Statesville, NC 28677

POC: Major Scott Powell, [scott.powell@ncwgcap.org](mailto:scott.powell@ncwgcap.org)

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**Spring 2022 Volunteer – Now Available Online**



Hot off the press is the newest issue of Civil Air Patrol's Volunteer magazine. The cover story is on CAP's past, current, and future astronauts. There are plenty of great articles including Maj. Gen. Phelka, our National Commander, future tech/innovation, Chaplain Corps, Emergency Services, Volunteer University, Aerospace Education, History, and much more.

To read online click [2022 Spring Volunteer](#). Enjoy all the articles about what is happening in CAP and around the country!

Please forward any questions you have about this newsletter and Education and Training to Lt Col Kathy Nicholas at [knicholas@ncwgcap.org](mailto:knicholas@ncwgcap.org)