

**CONFIDENTIAL – PRIVATE HEALTH INFORMATION**

<b>Civil Air Patrol / U.S. Air Force Auxiliary MEMBER HEALTH PARTICIPATION LEVEL</b>					
<p><b>Principal Purpose:</b> The purpose of this form is to clearly identify a CAP member's current physical participation category to ensure safety while volunteering for CAP.</p> <p><b>Routine use: Commanders, Activity Directors, and tasked Incident Commanders may require this form to ensure the physical safety of their participants.</b> This form will be completed by a licensed healthcare provider as a screening for multiple day sleepover events, retained by the member as part of their property and kept available to be temporarily provided to the health services officer, commander, activity director, or tasked incident commander, upon a valid request. It is recommended this form be updated annually or when a temporary or permanent condition would affect participation.</p> <p><b>Disclosure:</b> Voluntary. However, failure could result in not being able to participate in a CAP activity.</p>					
Name (Last, First, Middle)			Grade	CAPID	CAP Unit #
<p><b>Note to Healthcare Provider:</b> Please assess the Civil Air Patrol / United States Air Force Auxiliary member's physical participation category so that they may richly participate in CAP activities.</p>					
<b>Vital Signs for Reference</b>					
Height	Approximate Weight	Blood Pressure	Pulse	Pulse Oximetry	Respirations
Corrected distance vision:		Right Eye	/ 20	Left Eye	/ 20
<p><b>Can the member hear a normal conversational voice at a distance of 6 feet with the member's back to the examiner?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No</p>					
<b>Functional Requirements for Arduous, Field, Urban and Office Duty</b>					
<p><b>ARDUOUS DUTY:</b> Field duty is exclusively conducted outdoors in remote parts of the United States in a disaster site, search and rescue mission, and physically extreme training scenarios that includes multiple hours of cardiovascular physical fitness. It often involves strenuous activities such as fast-paced running, bending, lifting up to 50 lbs., crawling, climbing or hiking over rough and uneven terrain for day long periods in weather extremes such as cold, heat, and heat and humidity. Behavioral, emotional health, resilience and attention to detail is critical due to the high physical demands.</p> <p><b>FIELD DUTY:</b> Field duty is primarily conducted outdoors in the United States in a disaster site, search and rescue mission, or physically demanding summer camp that includes 30 minutes of cardiovascular physical fitness. It often involves strenuous activities such as standing, bending, lifting up to 40 lbs., crawling, running, climbing or walking over rough and uneven terrain for long periods and can include weather extremes of cold or heat and heat and humidity. Behavioral, emotional health, resilience and attention to detail is important due to the above-average physical demands.</p> <p><b>URBAN DUTY:</b> Urban duty is primarily conducted outdoors in the United States in flat terrain cities that involves light bending, light lifting of up to 20 lbs., light crawling, and walking on relatively even terrain for up to 30-minutes at a time and can include weather extremes of cold or heat and heat and humidity. Behavioral, emotional health, resiliency and attention to detail is of average intensity.</p> <p><b>OFFICE DUTY:</b> Office work is conducted primarily in a mission base inside a temperature controlled environment that involves moving on even terrain for up to 10-minutes at a time (e.g., walking, using a wheelchair, cane, crutch or other assistive device), and light lifting of up to 5 lbs.</p>					
<b>Physical Participation Level (Check One)</b>					
<input type="checkbox"/>	<p><b>Arduous Duty*</b>. Member is in excellent health and excellent physical fitness. They may participate in arduous physical activity where EMS/medical care will be delayed for 60-minutes or longer without restrictions. Examples include the CAP Pararescue Orientation Course.</p>				

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<input type="checkbox"/>	<b>Field Duty*</b> . Member is in relatively good health and good physical fitness. They may participate in remote field duty assignments where EMS/medical care is within 30-minutes. Examples include search and rescue missions and field exercises as well as summer encampments.
<input type="checkbox"/>	<b>Urban Duty*</b> . Member is in fair health and/or fair physical fitness. They may participate in urban field duty assignment where EMS/medical care is within 15-minutes. Examples include urban search and rescue missions and urban exercises as well as encampment support duty.
<input type="checkbox"/>	<b>Office Duty*</b> . They may participate in office-style activities. Examples include emergency operations center duty.

**\*Physical Participation Categories are separate and distinct from the Cadet Program’s Cadet Fitness Categories in accordance with CAPR 60-1 2.11.1 and 2.11.2. however, the Cadet Fitness Category may provide supporting information.**

**List Any Restrictions and expected duration:**

**List Health-based Reasonable Accommodations (physical, emotional, psychosocial, cognitive) for successful participation:**

**Certifying Licensed Healthcare Provider**

Name	Address	Phone
Date of Examination	Signature	

**Note:** In accordance with the Rehabilitation Act of 1973 29 U.S.C section 701, a CAP member may request reconsideration of their physical participation category at any time by their licensed healthcare provider.