



DRUG DEMAND REDUCTION Newsletter



Volume 1 Issue 11 November 2008

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When this continent was first colonized, there were many things the people had for which they were thankful. First and foremost, was arriving safely in the New Land. Certainly, health, freedom from tyranny, and religious freedom followed closely. Times have changed but those basic tenets still apply.

Things may seem difficult today and the future is uncertain. But, opportunities in America abound and we have many things to be thankful for. I am inspired every day by the members of our great organization and their positive perspectives. I'd like to share one of those perspectives with you:

"Do we see difficulties in every opportunity, or opportunities in every difficulty?" Military Chapel Bulletin

If we focus on what we have done, we know what we can do. I know what you can do. I have seen it! Everywhere I go, I see new things and people who have given their all. Even when things don't go as planned, we carried on. I am thankful we have such resourceful people. To those who are dedicated mentors to our cadets, those who are unrelenting when it comes to training for our ES missions, those who work tirelessly performing our Homeland Security missions, our aerospace education mission and our war on drugs.

At this time of Thanksgiving, I am truly thankful for each and every one of you. Your strength is in your determination to do the job and do it well. I am thankful to you for your sacrifices and hard work to make America a better place. My blessings to each of you. My heart felt thanksgiving to you for your sacrifices. Enjoy your families—Godspeed!

"When everything seems to be going against you, remember that the airplane takes off against the wind, not with it." Henry Ford

Fly Safe!



HAPPY THANKSGIVING



I'll Be Home For the Holidays

DDR Team

Thanksgiving is one of the busiest times of year on our state's roadways - a time when many families travel long distances to visit their loved ones. Consequently, motorists are more susceptible to crashes and other traffic hazards during this highly traveled holiday season. The crackdown on impaired and dangerous driving is about making sure that all motorists reach their destinations safely. Responsible driving should be as much a holiday tradition as gift shopping.

As a community, we all support law enforcement efforts to protect us from theft, burglary, assault and terrorism. Yet many otherwise law-abiding citizens continue to view impaired driving as merely a harmless traffic offense. Don't be fooled. Impaired driving is one of the most frequently committed crimes, killing someone in the United States every 30 minutes.

- Be responsible and don't risk it ... if you drive drunk, you will be caught and arrested.
- If you plan to drink, choose a designated driver before going out.
- If you are out and become impaired - call a cab, or ask a sober friend to drive you home.
- Do not ride with someone who is impaired.
- If you host Thanksgiving dinner, monitor how much alcohol your guests consume.
- Also offer water and other non-alcoholic beverages; and DO NOT serve alcohol to minors (those under the age of 21).
- If you suspect you spot an impaired driver, call 911.
- Remember, always buckle up - it is your best defense against an impaired driver.



Thanksgiving Message

Lt Col Jett Mayhew DDR Team Leader

By your own generous commitment, you set a wonderful example and demonstrate the power of individuals to effect remarkable change. We greatly appreciate your generosity and your leadership to the DDR Program and Civil Air Patrol.

We cannot thank you enough for your invaluable contributions as "Citizens Serving Our Communities Above and Beyond". Our goals for the DDR Program require credible and committed volunteer leaders. We are grateful for the energy, enthusiasm, and dedication you bring to your roles as a member of the DDR Team and help in advancing the program throughout our membership and communities.

The phenomenal success of the DDR Program is but a reflection of the ever-increasing dedication and enthusiasm our members display. You have taken time from the "busy-ness" of your own schedule to participate in Civil Air Patrol and the DDR Program. Our members and their communities have benefited from your service.

I would like to take this opportunity to say a heartfelt "Thank You". Your DDR Team looks forward to working with you all again next year.

I've Got Your Back

I am a small and precious child, my dad's been sent to fight...
The only place I'll see his face, is in my dreams at night.
He will be gone too many days for my young mind to keep track.
I may be sad, but I am proud. My daddy's got your back.

I am a caring mother. My son has gone to war...
My mind is filled with worries that I have never known before.
Everyday I try to keep my thoughts from turning black...
I may be scared, but I am proud. My son has got your back.

I am a strong and loving wife, with a husband soon to go...
There are times I'm terrified in a way most never know.
I bite my lip, and force a smile as I watch my husband pack...
My heart may break, but I am proud. My husband's got your back.

I am a soldier, sailor, or an airman... Serving Proudly, standing tall...
I fight for freedom, yours and mine by answering this call.
I do my job while knowing, the thanks it sometimes lacks...
Say a prayer that I'll come home, It's me whose got your back.

- Author Unknown



PRESIDENT BUSH SIGNS INHOFE LEGISLATION ALLOWING VETERANS TO SALUTE THE FLAG DURING THE NATIONAL ANTHEM

A provision championed by Senator Inhofe in the Defense Authorization Act for Fiscal Year 2008 modified Title 4 of the U.S. Code to allow veterans and military service members not in uniform to render the military salute during hoisting, lowering, or passing of the flag, but it did not allow them to salute the flag during the National Anthem. Section 595 of S. 3001, the National Defense Authorization Act for Fiscal Year 2009, amends Title 36 of the U.S. Code to allow veterans and service members not in uniform to salute the flag during the National Anthem, making the two sections of U.S. Code consistent.

CAP Middletown Cadet Squadron Celebrates First Year

Caroline Dengler, C/SSgt., CAP

Public Affairs Officer, Middletown Cadet Squadron

In recognition of successfully completing our first year as a cadet squadron, our commander Lt Col John McGaha and his team of senior members have been working tirelessly on providing a variety of fun, educational and physical DDR related activities for the Middletown cadet squadron. The planned activities will take place throughout the month of October.

During the month of October, Civil Air Patrol participates in the National Red Ribbon Campaign. National Red Ribbon week is celebrated every year during the week of October 23-31 and is dedicated to Enrique (Kiki) Camarena. National Red Ribbon week honors him and all the people who have been wrongly killed due to the violence of drugs. Kiki was a believer that one person can make a difference and he sacrificed his life to prevent drugs from entering the United States. Since Kiki's death in 1985, CAP has included The Red Ribbon Campaign in the DDR program. It is the responsibility of the squadron DDR Officer to educate the cadets and senior members about the Red Ribbon campaign along with other aspects of the DDR mission.

As part of Middletown's CAP Red Ribbon campaign, DDR Officer, Lt Sandra Dengler has partnered with Sheri Towner Gabreluk, program specialist for youth contract for the American Lung Assoc. of Delaware. Sheri has accepted three cadets from the MER-DE-025 squadron to participate in the Kick Butt Generation internship program. The internship program is designed for middle and high school age students. The program is conducted as a retreat at Cape Henlopen State Park. Recently, Cadet Airman Alyssa Rively attended the KBG middle school internship training program held on October 10-12. The purpose for the internship retreat is for students to gain self confidence thru leadership skills education and team building exercises, while learning how to promote community awareness on the harmful effects of tobacco use. "Tobacco control in our schools and communities", was the main topic of discussion at this years retreat.

Another special Red Ribbon activity was held during Tuesday's evening meeting. On October 14, 2008, Drug Demand Reduction Administer Cpt Jaime Wolhar, of the Delaware National Guard Counter Drug Task Force and Msst. Keith Strouss, brought a 24ft. high mobile climbing rock wall from their unit in Wilmington to the Middletown Cadet Squadron. The cadets and senior members enjoyed the challenge of climbing the rock wall for two hours. The activity proved to be a great opportunity and experience for everyone. The cadets and senior members worked together helping and supporting one another, while learning about the DDR program. The DDR climbing wall activity was a huge success and everyone had a great time!



The purpose for having the climbing wall during CAP's October Red Ribbon campaign is to provide cadets and senior members with activities that are free of alcohol, tobacco, and drug use. Both DDR programs share the same views "that constructive and healthy activities offset the attraction to activities that may be filled by the use of illegal drugs or the illegal use of legitimate drugs". Each DDR program promotes goals for "supporting the education of adults and youth on the negative effects of drug abuse while increasing public awareness of the harmful effects of smoking and drug abuse." Therefore, working together with the Delaware National Guard Counter Drug Task Force is a win-win situation. We are looking forward to working with Cpt. Wolhar and his team again.



Other Red Ribbon campaign activities planned for October include having guest speaker, Detective Bob Moody of the Delaware State Police discuss the dangerous trend among teens for drug abuse using prescription and over the counter medications. Det. Moody will also discuss how adults can safe guard their children and their homes against this harmful trend. Also planned, an end of the month celebration where treat bags will be distributed to the cadets. The treat bags will contain additional Red Ribbon Campaign items and information, so the cadets will be mindful of the DDR mission and the consequences of their choices throughout the year.

Show Low Composite Squadron Walks for Recovery, AZWG

Major Donna Grimsley, AZWG DDRA

Show Low Composite Squadron in North Eastern Arizona joined with the DDR community in Walking for Recovery. The Apache County Drug Free Alliance sponsored a Recovery Walk to celebrate September as Recovery Month. The group, which included CAP members, Drug Free Alliance members, members of the recovery community, community leaders, counselors and law enforcement walked down the main street of Springerville, Arizona, carrying



banners and balloons to support recovery from drug addiction. Each participant created a personal message of encouragement for a recovering addict and placed it inside a balloon. At the end of the mile long walk, the balloons were release amid cheers. After the walk, local police officers waited tables for a dinner. Tips for the law enforcement waiters were used to support the Drug Free Alliance.



The walk presented an excellent opportunity to not only support recovery, but to build solid relationships between DDR groups in the community. The CAP cadets were a focal point in the walk and fielded many questions about CAP's mission and commitment to volunteer service and a drug free lifestyle.

Trainees Experience Fatal Vision

Major Ramon Palacio Pembroke Pines Composite Squadron. FLWG



Maj Ramon Palacio introduced the Drug Demand Reduction Program (DDRP) to senior officers attending the Squadron Leadership School at the Professional Development Workshop hosted by Group 6 on September 13-14. Approximately 29 attendees learned about the DDRP and were encouraged to consider enrolling in the DDR Specialty Track to better promote CAP's drug-free message in every unit and their surrounding communities.

Each participant had an opportunity to utilize the Fatal Vision goggles and experience how varying levels of simulated impairment affected their abilities to shoot a basket, maintain balance, and navigate a short path marked by human cones. Participants engaged in lively discussions as they drew upon their broad and diverse range of experience to brainstorm on how to best utilize the resources provided by CAP and other organizations to effectively reach youths both in and outside the CAP community.



COWG Partners with Fremont County Search & Rescue for Red Ribbon Activities

COWG-DDRA, Chaplain, Major Gordon Rourk

Jody Enderle is one of the contacts made in October, 2007 when COWG was involved in the Cotapaxie Search for Col Gary Lorenz. Jody is with Fremont County Search & Rescue and the School Coordinator who planned the Red Ribbon Week activities for Mountain View Knowledge School. Through her efforts not only has a Civil Air Patrol relationship been established with the School, but a relationship has also been established between Fremont County Search and Rescue and COWG Ground Search and Rescue.



In 2008 Mountain View invited the COWG to come to the school and present the DDR Program. It was through this Presentation Red Ribbon Week was introduced to the School. Fremont-Starfire Squadron is very involved with the School and Jody's son is a Civil Air Patrol cadet.

Fatal Vision Goggles Drive Home Alcohol's Impact for Massachusetts Cadets

2nd Lt. Kathleen M. Vogel, DDRO, Hanscom Composite Squadron, MAWG

Hanscom Composite Squadron cadets have spent the last few months participating in various Drug Demand Reduction learning programs, culminating recently with a Fatal Vision Goggle demonstration at squadron headquarters.

The evening started with a presentation of statistics related to underage drinking and its correlation to driving deaths, then moved on to a practical, hands-on demonstration of the dangers of driving under the influence.

The cadets were issued Fatal Vision goggles, which give the wearer an idea of what performance tasks are like while intoxicated. The goggles come in both daytime and nighttime versions, with three levels to simulate blood alcohol content of 0.06 percent, 0.07 percent to 0.10 percent, and 0.11 percent to 0.20 percent. The exercise shows the cadets that though it might seem like someone who has been drinking would be OK to drive; it seriously affects his ability to function.



Lt. Col. William Duffey, a retired police officer and the squadron's deputy commander for senior members, administered field sobriety tests to the cadets. They found their ability to perform the tasks required of a safe driver was greatly compromised by their simulated intoxicated state. Maj. Lynne Putney, a registered nurse who offered up her expertise as a health care professional, joined Duffey in advising the cadets on how little alcohol one needs to consume to reach an unsafe and inebriated condition. After the sobriety tests, each cadet performed a variety of tasks such as throwing a football, picking paperclips off the floor and walking through an obstacle course. After each round, the cadets were questioned about their ability to operate a motor vehicle or even to ride a bike. All agreed even though someone may not appear intoxicated, once he has consumed alcohol he does not belong behind the wheel of a car.

Under the direction of 2nd Lt. Kathleen Vogel, the unit drug demand reduction officer, DDR projects are a cornerstone of the squadron's cadet program.

Award Winning WV Squadron Color Guard Promotes DDR Message

Capt. Russell Voelker, PAO Martinsburg Squadron

On Saturday, October 18th, the 29th Annual Mountain State Apple Harvest Festival Grand Feature Parade, was held in Martinsburg, West Virginia. Beautiful autumn weather brought out large crowds (estimated at 15,000) that packed the two mile parade route which wound through the town.

Among the approximate 200 units participating was the Martinsburg Composite Squadron Color Guard and their Drug Demand Reduction Banner Carriers, who led the third division. Out of numerous color guard entries the first place award went to the Martinsburg Color Guard.



2008 SOUTH CAROLINA WING CONFERENCE

Maj Lavonne Adams, SCWG Asst DDRA

"Be Creative and Think Outside the Proverbial Box" was the theme as cadets and seniors throughout the state participated in the 2008 South Carolina Wing Conference DDR Seminar, held at Shaw AFB, Sumter, SC. It was an opportunity to share ideas and information, create working relationships with new squadron DDR officers, discuss timely submission of reports and upcoming activities specifically Red Ribbon Week. The DDR display table consisted of red balloons with DDR slogans, promotional items and substance abuse pamphlets. Handouts also included ways to have a successful DDR program, samples of activity reports, and loads of Red Ribbon Week activities. Emphasis was stressed that Red Ribbon Week is officially in October, but can be celebrated throughout the year.

A Wing Commander's Comments On DDR Program

Maj Lavonne Adams, SC WG DDRA

Col Emerson Smith, Wing Commander of the South Carolina Wing, sees the DDR Program as one of the most important of all CAP initiatives. Even though it applies to both seniors and cadets, it is often targeted at cadets. DDR carries a message that deals with four components: knowledge, attitudes, beliefs and behaviors.



"Knowledge is the component that lets us know about the full spectrum of drug use, including but not limited to smoking legal and illegal tobacco products, the underage use of alcohol and the abuse of alcohol by adults, and the misuse of over the counter, prescription, and illegal drugs". "Attitudes include the ways we rate drugs and those who use drugs, including approval or disapproval". "Beliefs include religious and personal positions we take on faith or on experiences about drug use". "Finally, behaviors include our observing the actions adults and youths who are addicted to tobacco, alcohol and other drugs and how we respond to them. It also includes our own behavior in terms of use of tobacco, alcohol and other drug use".

"It is very difficult for us to attempt to keep young people from, for example, smoking when we ourselves have an untreated and public addiction to tobacco. However, we are all, ultimately, human beings who easily succumb to social and physiological pressures to experiment with, and, for many, become addicted to drugs, including tobacco, alcohol, or street drugs. The worst part of drug use is when use interferes with our ability to care for ourselves, to care for our family members, and to maintain rewarding relationships with our family, friends, and work associates".

"The DDR program opens our eyes and minds to the problems that others have experienced with drug use - so that we can be aware of what we may face in our own lives. DDR let's us know the problems and solutions to drugs in our society - so that we can learn from others and protect ourselves and our families".

"We're not alone in our DDR program. Every military branch has a DDR program as does every major industry and business in the country. We can all learn from one another in our DDR program".

**HAPPY THANKSGIVING
AND
THANK YOU FOR ALL YOU DO FOR CIVIL AIR PATROL**

Puerto Rico Squadron PR-051 Celebrate 2nd Workshop for Red Ribbon in Yauco, PR

Maj. William Biaggi



On October 25, 2008 we celebrated the Red Ribbon Day, honoring Drug Enforcement Administration agent Enrique "Kiki" Camarena, who was kidnapped and Killed in Mexico in February 1985.

Our initiative was conducted to prevent tobacco, alcohol and drugs, use and abuse. Local community, school and country officials were invited. Different resources displayed and exhibits hands on activities emphasizing the consequences of using tobacco, alcohol and other drugs. Different messages were broadcast from local radio station inviting the community to attend this activity.

The Sabana Grande Cadet Squadron shared with us in this activity. We are satisfied with the attendance and believe that we accomplish our goals with a high level of results.

Together we make the difference



Maine Wing Announces Appointment of DDR Administrator



1st Lt Joyce Gaddis is Maine Wing's newly appointed DDR Administrator. During a recent interview she sites her past experiences as being tailor made for this job. She is a retired Navy Chief Petty Officer, having served 22 years in Law Enforcement and Criminal Investigations. While active duty she was a trained D.A.R.E. Officer and D.E.F.Y. Camp Director and counselor. Lt Gaddis also served two years as a Sea Cadet Officer working directly with hundreds of Sea Cadets both in day to day activities and two basic training encampments. Since retiring from the Navy Lt Gaddis has continued her involvement with youth programs and anti-drug campaigns. She has been a Cub Scout Den Leader, Boy Scout Troop Committee member and Scoutmaster, American Red Cross Youth Leader and Health & Safety Instructor. Lt Gaddis is currently serving as Commander of Maine Wing 38th Composite Squadron and Squadron Honor Guard Commander.

North Carolina Announces New DDR Administrator



Lt Mauro Capobianco has a great blend of experience and training for this duty. Over the last forty-nine years, commencing with his enlistment in the United States Army in 1959, he has served in a law enforcement capacity of one sort or another. This experience afforded him the opportunity to see firsthand, the impact that illegal drugs have had on the individual, the family and ultimately, the nation. Additionally, in his capacity as a Professional Registered Nurse, he experienced an even deeper understanding of the physiological basis of drug addiction, as it pertains to prescription drugs, and their abuse. This experience, coupled with his enthusiasm for the program, should qualify Lt Capobianco to serve the NC Wing effectively in the CAP Drug Demand Reduction Program.

Lt Capobianco's vast background of experience and training includes his BSN in Nursing, a BA in Social Sciences, and an Associate Degree in Police Science. Professional associations with which Lt Capobianco is affiliated include the National Association of Legal Investigators, Inc.; North Carolina Association of Private Investigators; and the United States Dept. of Homeland Security, (Founding Member).

Maine Wing joins local Law Enforcement agencies for Red Ribbon Week



Sgt Thomas Chard of the Scarborough Police Dept gives field sobriety tests to CAP cadets Tyler Nadeau and Julian Kingsley wearing Fatal Vision goggles. Kingsley and Nadeau were later asked to drive a go cart while wearing the goggles. "The road is moving," Kingsley said as he bounced off rubber barriers and struggled to avoid orange traffic cones. Nadeau commented "That was the weirdest experience I've ever had in my life". Both Cadet Kingsley and Cadet Nadeau are licensed drivers. They started out slowly on the track and did fairly well, although their karts were unsteady and weaving. But as they picked up speed, they soon started running into the barriers and over the traffic cones.



Maine Wing's 77th Composite Squadron linked up with Androscoggin Sheriff Guy Desjardins and the Auburn Police Department. At noon on 25 October they launched 50 red balloons to commemorate Red Ribbon Week and our joint efforts in the fight against drugs.



**GET OUT IN YOUR COMMUNITIES.
LET THEM KNOW THAT
CIVIL AIR PATROL
IS MAKING A DIFFERENCE AND CARES**

MDWG and MD ANG Support Cross-Country Challenge

Article by 1st Lt. Walter Murphy, CAP

Photos by cadet 2nd Lt Shaharazad Purvis & 1st Lt. Murphy

November 15, 2008- Maryland Wing of the Civil Air Patrol, in conjunction with the Maryland Air National Guard, supported the Baltimore Crossroads @95 Cross-country Challenge. This event was held in support of the Baltimore County Police Athletic League and the Essex- Middle River- White Marsh Chamber of Commerce for the community outreach programs for children and families in need!



Maryland Wing provided a Color Guard and a Drug Demand Reduction booth for the event. The Maryland Wing 2008 Color Guard was manned by Project Officer: Capt. Colin Carmello, Color Guard Commander: Cadet 1st Lt. Diana Lopez, Cadet 2nd Lt. Todd O'Brien, Cadet Senior Master Sgt. John Walters, Cadet Airman Heber Deus. The Drug Demand Reduction (DDR) booth was manned by Cadet Lt. Col. Wayne Mowery, the Maryland Wing Cadet Drug Demand Reduction Administrator. Also manning the DDR Booth was Cadet Major Charlie Frater and Cadet 2nd Lt. Laura Boehk of Fort McHenry Composite Squadron and Cadet 2nd Lt. Shaharazad Purvis of Osprey Composite Squadron.

Also attending in supporting roles were the Maryland Wing Vice Commander- Lt. Col. John Knowles, Maryland Wing Director of Cadet Programs- Major Joseph Winters, Drug Demand Reduction Administrator- 1st Lt. Walter Murphy, and the Maryland Wing Recruiting Officer- 2nd Lt. Robert Pounders.

Brigadier General Guy M. Walsh, Commander of the 175th Wing of the Maryland Air National Guard, was instrumental in Maryland Wing's participation in this event.

HAGERSTOWN SQUADRON MD WG PARTICIPATES IN PARADE

Lt Sharon Rea, DDRO

November 1st, 2008 Hagerstown, Maryland- Hagerstown Composite Squadron, Maryland Wing of the Civil Air Patrol, participated in the Hagerstown Mummers Parade. They entered the parade with a float depicting the missions and history of the Civil Air Patrol. It was pulled by the National Headquarters Drug Demand Reduction (DDR) Truck. The float also displayed many red ribbons spreading the message "Better things to do than Drugs."

The Hagerstown Squadron also had its Honor Guard marching in the parade leading the DDR truck and float. The Honor Guard consisted of a unit escorting and carrying the "Colors" (flags) and a marching unit carrying rifles. 1st Lt. Walter Murphy of Maryland Wing who drove the DDR truck said "The Honor Guard units both carrying the "colors" and the marching unit's rifle work were impressive."



The Float was manned by seven cadets and two senior members. Although the parade was five miles long going up and down several inclines made it difficult to keep up a steady pace but the cadets did a good job. The Hagerstown Composite Squadron placed 2nd this year. The first place winner was Randolph Macon Military School.

Better Things To Do Than Drugs

Photo Log of Colorado Wing Red Ribbon Activities



NHWG AND NATIONAL GUARD HOLD ANNUAL ROCKETRY DAY

Lt Col May Ann Croker, NHWG, DDRA



On October 18, Seacoast Squadron in partnership with the Pease Family Readiness Office and the NH National Guard Counter Drug Task Force (DDR Office) held the annual Rocketry Day at the NH Regional Training Center in Center Strafford for 13 Air National Guard and Army National Guard dependents. MSgt Daniel Ward and Sgt 1st Class Craig Courser arranged for the facilities and instruction was given by Seacoast Squadron



Commander Nic Goupil with assistance from senior members Maj Mike Hall, Lt Col Mary Ann Croker and 2nd Lt Donald Colford. Cadet assistant instructors were C/SRA Michelle Wegner, C/Amn Kevin Colford and C/Amn John Colford.



The morning was spent building Alpha I rockets supplied by the Civil Air Patrol Drug Demand Reduction Program. After lunch, after the rockets had dried, they were brought to the track area, loaded by seniors, and launched. There were 1st and 2nd place prizes given out for the best built and 2 most accurate launches. All had a great time.



Next year hopefully more youth will take advantage of the fun offered by the CAP aerospace program.

DDR BY THE NUMBERS

Region	DDRC	DDRA	C/DDRA	DDRO	C/DDRO	TOTAL
GLR	1	5	0	44	1	51
MER	2	10	2	86	20	120
NCR	1	3	0	32	2	38
NER	1	8	1	61	3	74
PCR	1	5	1	43	2	52
RMR	1	5	1	38	2	47
SER	0	4	1	42	2	49
SWR	1	5	0	47	4	57
TOTAL	8	45	6	393	36	488

DDR SPECIALTY TRACK

Region	None	Tech	Senior	Master	Total
GLR	13	3	1	0	17
MER	37	7	1	3	48
NCR	17	8	1	0	26
NER	29	7	3	1	40
PCR	15	2	0	0	17
RMR	18	4	1	3	26
SER	26	5	3	1	35
SWR	20	9	0	1	30
NHQ		1	3	2	6
TOTAL	175	46	13	11	245